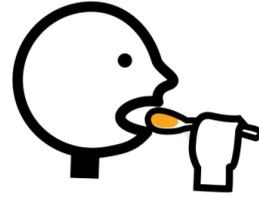


HOY

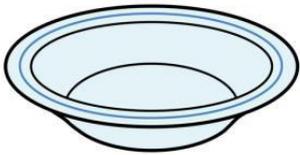


AÑADE
PICTO DÍA SEMANA



COMEMOS

1º



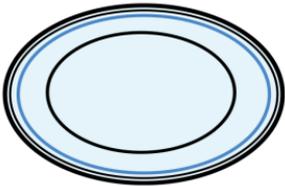
AÑADE
PICTO COMIDA

? ? ? ? ?

? ? ? ? ?

? ? ? ? ?

2º



AÑADE
PICTO COMIDA

? ? ? ? ?

? ? ? ? ?

? ? ? ? ?



AÑADE
PICTO COMIDA

? ? ? ? ?

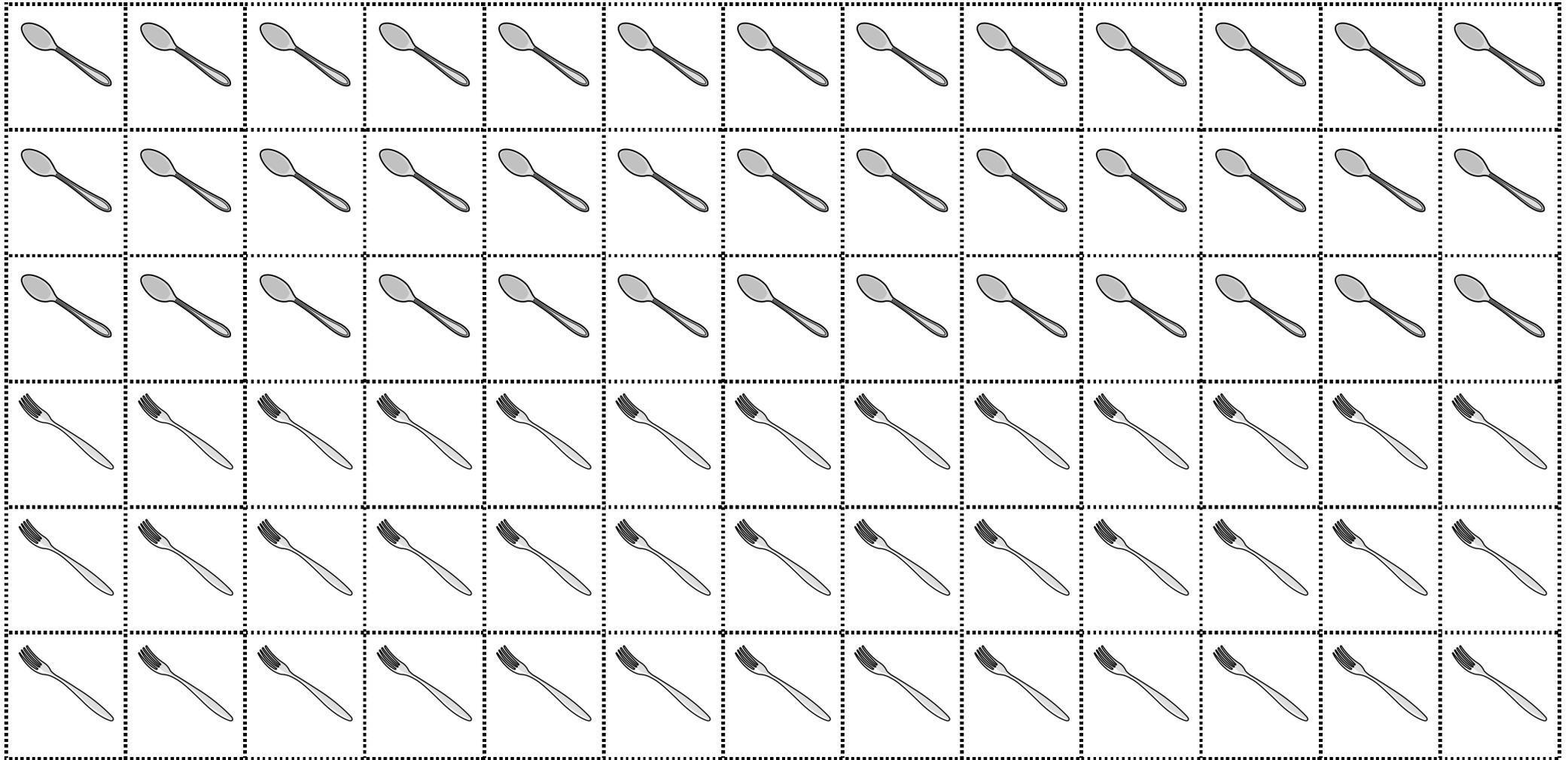
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POSTRE

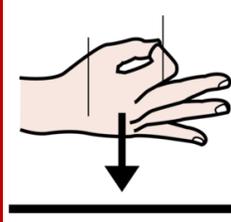
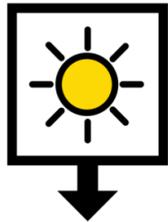
CUCHARADAS o TROZOS

Para plastificar y recortar.

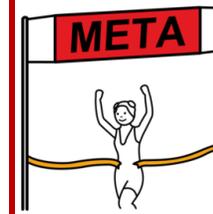


INSTRUCCIONES

En la tabla superior se irán poniendo (en los cuadros vacíos a la derecha de los alimentos) el número de cucharas o trozos de alimento (tenedores) que vaya tomando el niño. Una vez terminada la comida trasladamos las cucharas o trozos (tenedores) que ha comido el niño a la tabla de recompensa (siguiente página) contando el número de cucharadas o tenedores y así saber si ha conseguido el objetivo establecido y, por tanto, la recompensa acordada.



AÑADE
RECOMPENSA



MI

PREMIO

HOY

ES

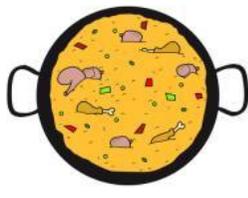
Nº

Cuchara/Tenedor

COMIDAS – PRIMEROS PLATOS



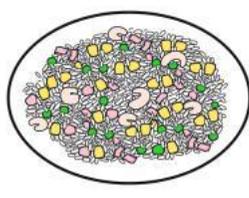
PAELLA DE MARISCO



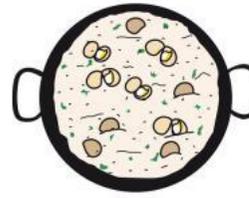
PAELLA



ARROZ AL HORNO



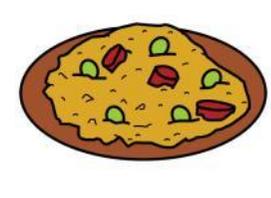
ARROZ TRES DELICIAS



ARROZ CON ALMEJAS



FIDEUÁ



MIGAS



ARROZ CON TOMATE



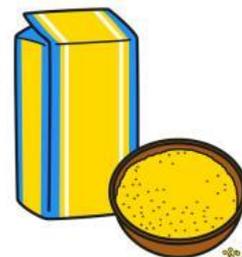
SOPA DE PESCADO



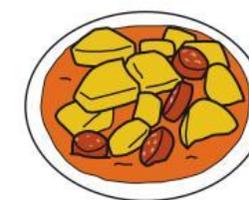
SOPA DE CARNE



SOPA DE POLLO



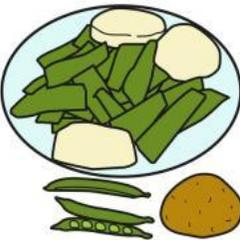
SÉMOLA



PATATAS CON CHORIZO



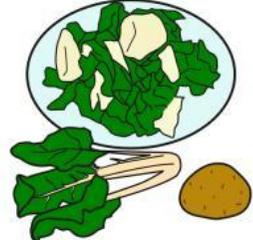
ENSALADILLA



JUDIAS VERDES CON PATATAS



BORRAJA CON PATATAS



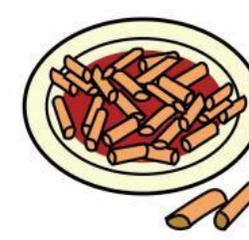
ACELGA CON PATATAS



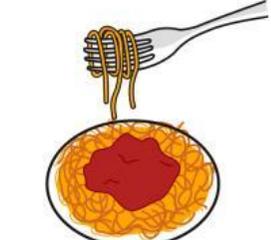
CARDO



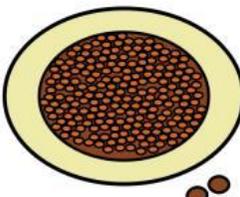
MENESTRA



MACARRONES



ESPAGUETIS



LENTEJAS



JUDÍAS



PAPILLA



POTITO



AÑADE PRIMER PLATO

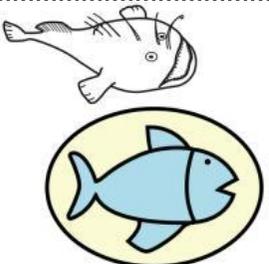
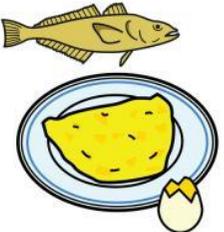
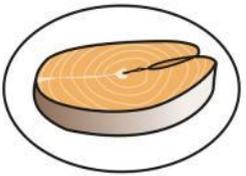
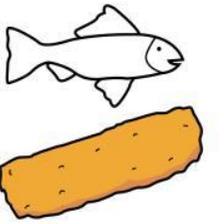
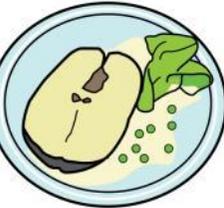
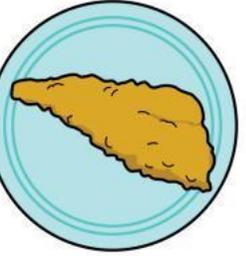
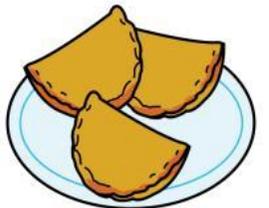
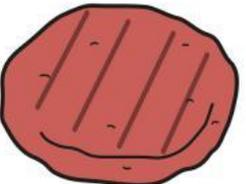
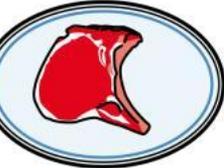
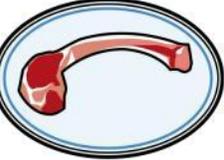
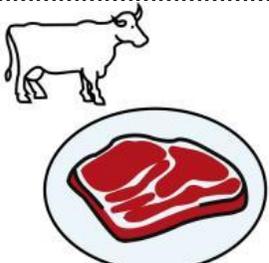
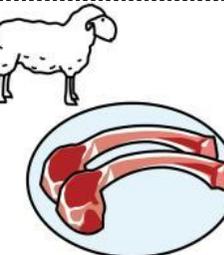
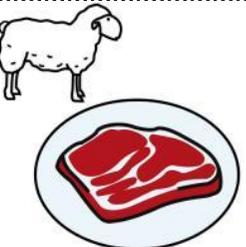
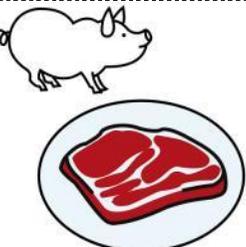
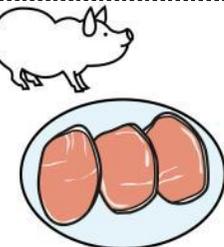
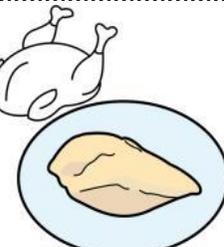
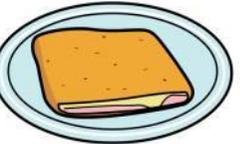
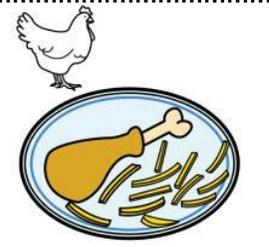
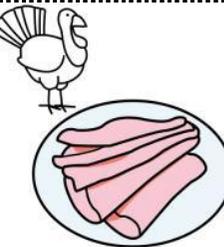
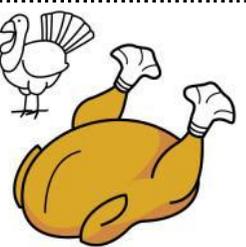
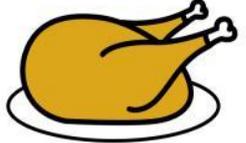
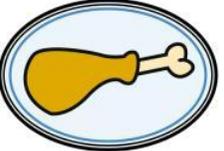
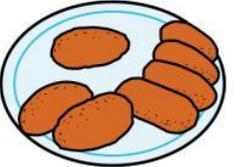


AÑADE PRIMER PLATO



AÑADE PRIMER PLATO

COMIDAS – SEGUNDOS PLATOS

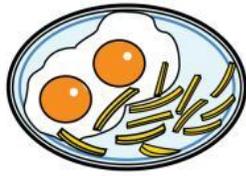
 <p>RAPE</p>	 <p>BACALAO CON PIMIENTOS</p>	 <p>TORTILLA DE BACALAO</p>	 <p>RODAJA DE SALMON</p>	 <p>VARITAS DE MERLUZA</p>	 <p>MERLUZA</p>	 <p>PESCADO REBOZADO</p>
 <p>EMPANADILLAS</p>	 <p>SALCHICHAS</p>	 <p>HAMBURGUESA</p>	 <p>COSTILLAS</p>	 <p>CHULETA</p>	 <p>COSTILLA</p>	 <p>FILETE</p>
 <p>TERNERA</p>	 <p>COSTILLAS DE CORDERO</p>	 <p>CORDERO</p>	 <p>CERDO</p>	 <p>LOMO DE CERDO</p>	 <p>PECHUGA DE POLLO</p>	 <p>SANJACOBO</p>
 <p>POLLO CON PATATAS</p>	 <p>JAMÓN DE PAVO</p>	 <p>PAVO ASADO</p>	 <p>POLLO ASADO</p>	 <p>JAMÓN</p>	 <p>MUSLO DE POLLO</p>	 <p>CROQUETAS</p>



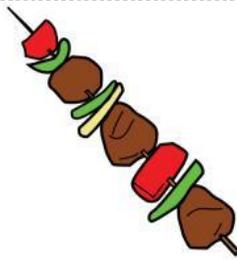
ALBÓNDIGAS



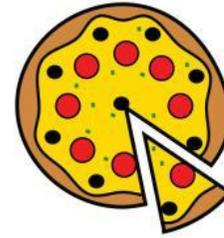
ESTOFADO



HUEVOS FRITOS CON PATATAS



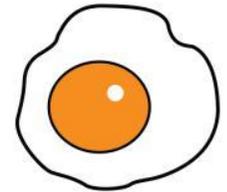
PINCHOS



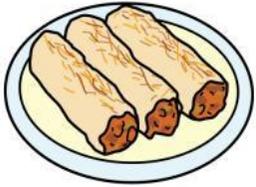
PIZZA



PATATAS FRITAS



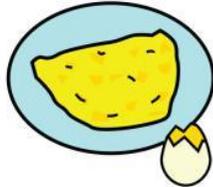
HUEVO FRITO



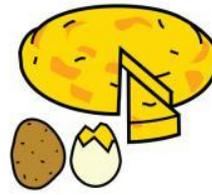
CANELONES



CALAMARES A LA ROMANA



TORTILLA FRANCESA



TORTILLA DE PATATA



AÑADE SEGUNDO PLATO



AÑADE SEGUNDO PLATO



AÑADE SEGUNDO PLATO



AÑADE SEGUNDO PLATO



AÑADE SEGUNDO PLATO



AÑADE SEGUNDO PLATO



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AÑADE SEGUNDO PLATO



AÑADE SEGUNDO PLATO

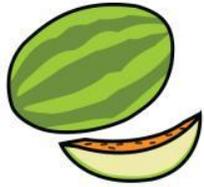


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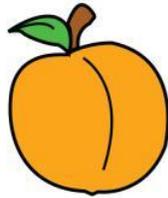


AÑADE SEGUNDO PLATO

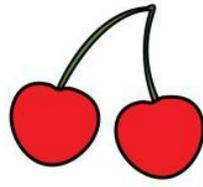
COMIDAS – POSTRES



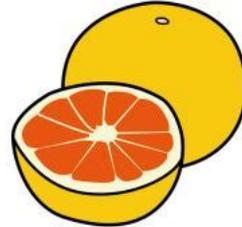
MELÓN



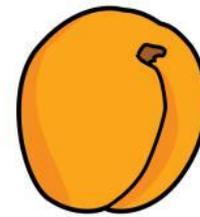
MELOCOTÓN



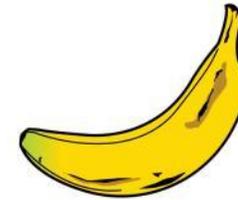
CEREZAS



POMELO



ALBARICOQUE



PLÁTANO



FRESA



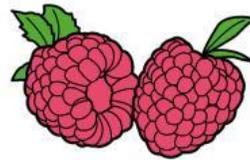
MANZANA



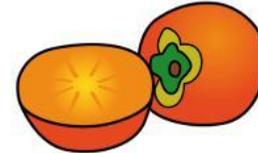
MANZANA



MANZANA



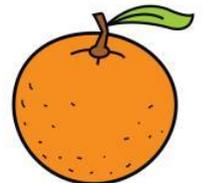
FRAMBUESAS



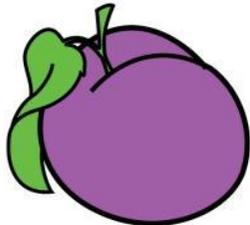
CAQUI



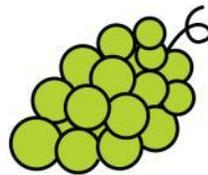
PIÑA



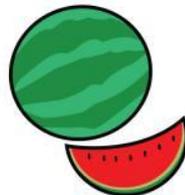
NARANJA



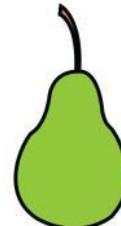
CIRUELA



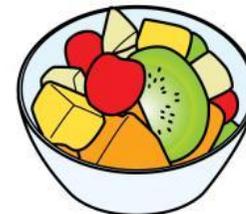
UVAS



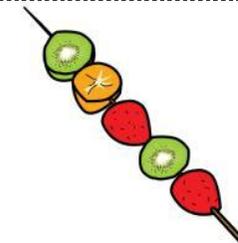
SANDÍA



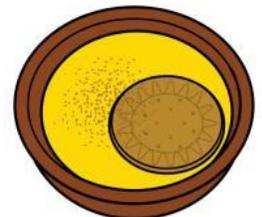
PERA



MACEDONIA



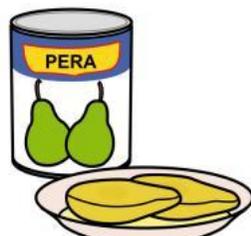
BROCHETA DE FRUTA



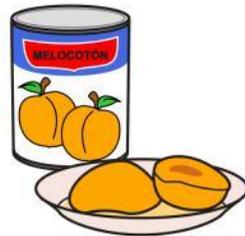
NATILLAS



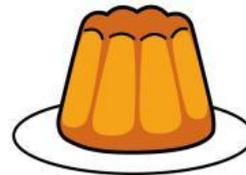
PIÑA EN ALMÍBAR



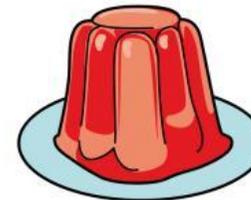
PERA EN ALMÍBAR



MELOCOTÓN EN ALMÍBAR



FLAN



GELATINA



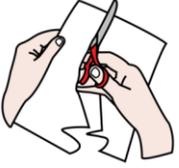
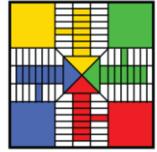
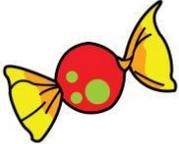
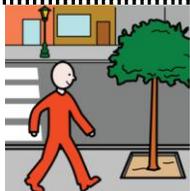
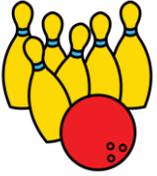
YOGURT



AÑADE POSTRE

RECOMPENSAS

Para recortar y plastificar

 PASEAR AL PERRO	 JUGAR A LA CONSOLA	 JUGAR CON LA TABLETA	 JUGAR	 RECORTAR	 PINTAR CON LOS DEDOS	 RASGAR PAPEL	 PASEAR EN BICICLETA
 LEER UN CUENTO	 ORDENADOR	 JUGAR PARCHIS	 JUGAR A LA OCA	 ESCUCHAR MÚSICA	 HACER PLASTILINA	 IR AL PARQUE	 CARAMELO
 VER LA TELEVISIÓN	 PASEAR	 IR DE EXCURSIÓN	 IR DE VIAJE	 VER DIBUJOS ANIMADOS	 MONTAR A CABALLO	 JUGAR AL FÚTBOL	 IR A NADAR
 TOMAR UN REFRESCO	 HACER UN PUZZLE	 IR AL PARQUE	 IR AL PARQUE TEMÁTICO	 JUGAR A LOS BOLOS	 IR A UN CONCIERTO	 IR AL CINE	 VER UNA PELÍCULA
? AÑADE RECOMPENSA	? AÑADE RECOMPENSA	? AÑADE RECOMPENSA	? AÑADE RECOMPENSA	? AÑADE RECOMPENSA	? AÑADE RECOMPENSA	? AÑADE RECOMPENSA	? AÑADE RECOMPENSA

DIAS DE LA SEMANA

L X J V S D	L M X J V S D	L M X J V S D	L M X J V S D	L M X J V S D	L M X J V S D	L M X J V S D
LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO