

Do not hesitate. Do
not be afraid. Today is
the first step towards
your dreams



A hand holds a decorative, ornate mirror with a gold-colored frame. The mirror reflects a woman's face, showing her red lips and a slight smile. The background is softly blurred, suggesting an indoor setting with warm lighting.

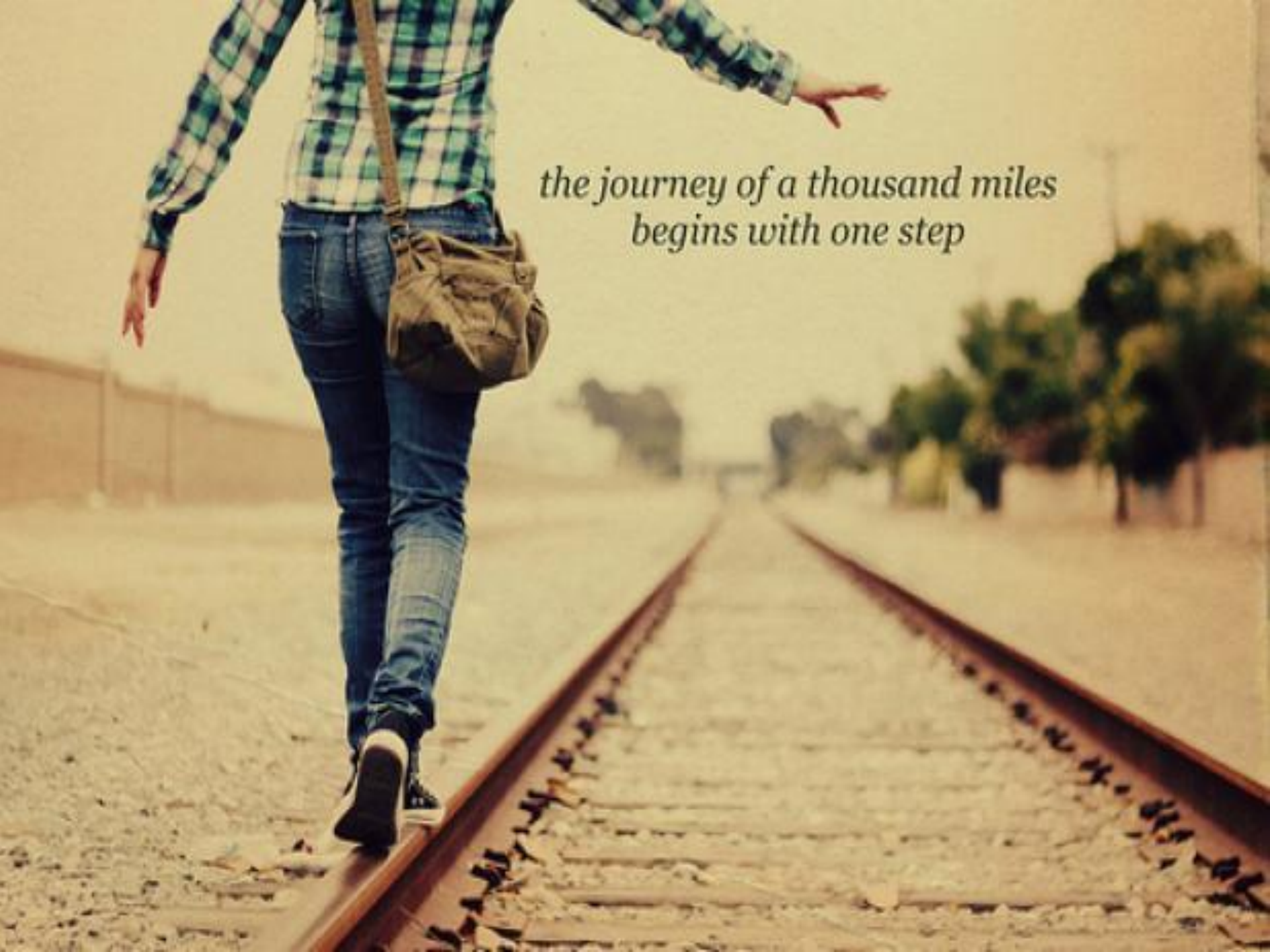
*If you are looking for the person
who will change your life, take a
look in the mirror.*

Know yourself, accept yourself,


love yourself, value yourself,

respect yourself.



A person wearing a green and white plaid shirt, blue jeans, and a brown messenger bag is walking away from the camera on a set of railroad tracks. The tracks stretch into the distance under a clear sky. The person's arms are slightly out to the sides. The overall tone is warm and contemplative.

*the journey of a thousand miles
begins with one step*

All our  DREAMS can come true if we
have the courage to pursue them.

- WALTER E. DISNEY




**You are
what you
do,** not what
you say you
will do.



There is a driving
force more
powerful than the
vapor, electricity
and atomic energy.

It is the **willpower**.


-Albert Einstein

A photograph of a wooden staircase with a white railing, viewed from the bottom looking up. The stairs are made of dark wood and lead up to a landing with a white door. The walls are white with vertical paneling. The lighting is bright, coming from a window at the top of the stairs.

If you want to
succeed
you should not stay
facing the stairs.

Begin to rise,
step by step,

until you get up.

A silhouette of a person rappelling down a dark, jagged cliff face on the left side of the image. The person is holding a rope that extends from the top left towards the bottom center. The background is a soft, colorful sky transitioning from a pale blue at the top to a warm orange and yellow near the horizon, suggesting a sunset or sunrise. The overall mood is one of challenge and personal achievement.

THE IMPORTANT
THING IN LIFE IS NOT
TO OUTDO OTHERS,
BUT TO SURPASS
OURSELVES.

**THE SMALLEST DEED IS BETTER THAN
THE GREATEST INTENTION.**

JOHN BURROUGHS





*Asking for
forgiveness is
smart,
forgiveness is
noble and to
forgive... it is
wise.*



ask yourself if
what you're
doing today
brings you
closer

to where you
want to be
tomorrow.

A scene from a ballroom event featuring two women in formal attire. The woman on the left is wearing a light brown, long-sleeved gown with a fitted bodice and a full skirt, paired with white gloves and a tiara. The woman on the right is wearing a white, strapless gown with a floral pattern and a full skirt, also paired with white gloves and a tiara. They are standing in a ballroom with other guests in the background.

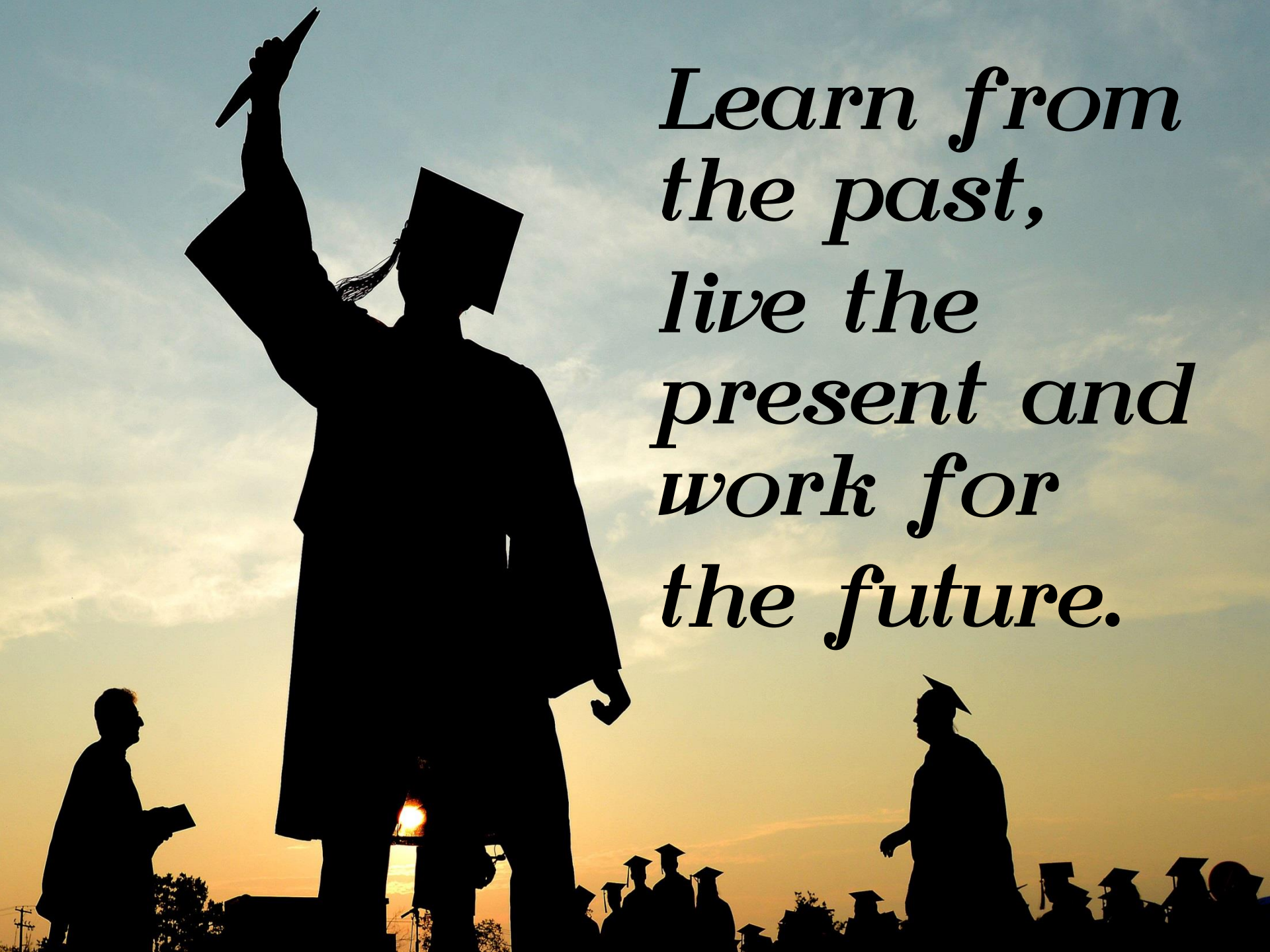
no
can
you
inferior
without
your
consent




**YOU HAVE TWO OPTIONS:
THROW IN THE TOWEL AND GIVE UP OR USE IT TO DRY
OFF THE SWEAT ON YOUR FACE AND CARRY ON.**

A desert landscape with a road and a large arrow pointing forward. The road is paved and has white lines on either side. A large, light-colored arrow is painted on the road, pointing towards the horizon. The background features a vast, flat desert with sparse vegetation and distant mountains under a blue sky with scattered white clouds.

**“If the plan doesn't work,
change the plan,
not the goal. ”**

A silhouette of a graduate in a cap and gown, holding a diploma aloft, stands prominently against a sunset sky. In the background, other graduates are visible as smaller silhouettes, and a bright sun is partially obscured by a structure. The overall scene is a celebratory graduation ceremony.

*Learn from
the past,
live the
present and
work for
the future.*



What you are today is the result of your decisions in the past. Whatever is tomorrow will be a consequence of what you do today.



Remember: *I can! I want! I am able!*



A dirt road with two tracks runs straight through a field of tall, golden-brown grass. The road leads towards a bright sun on the horizon, which is partially obscured by a large, dark, billowing cloud. Sunbeams radiate from the sun, creating a dramatic, golden glow across the sky and the scene. The sky transitions from a pale yellow near the horizon to a clear blue at the top. The overall mood is one of hope and resilience.

If one day you fall, do not worry, do like the sun that falls every afternoon but each morning rises with more glow.



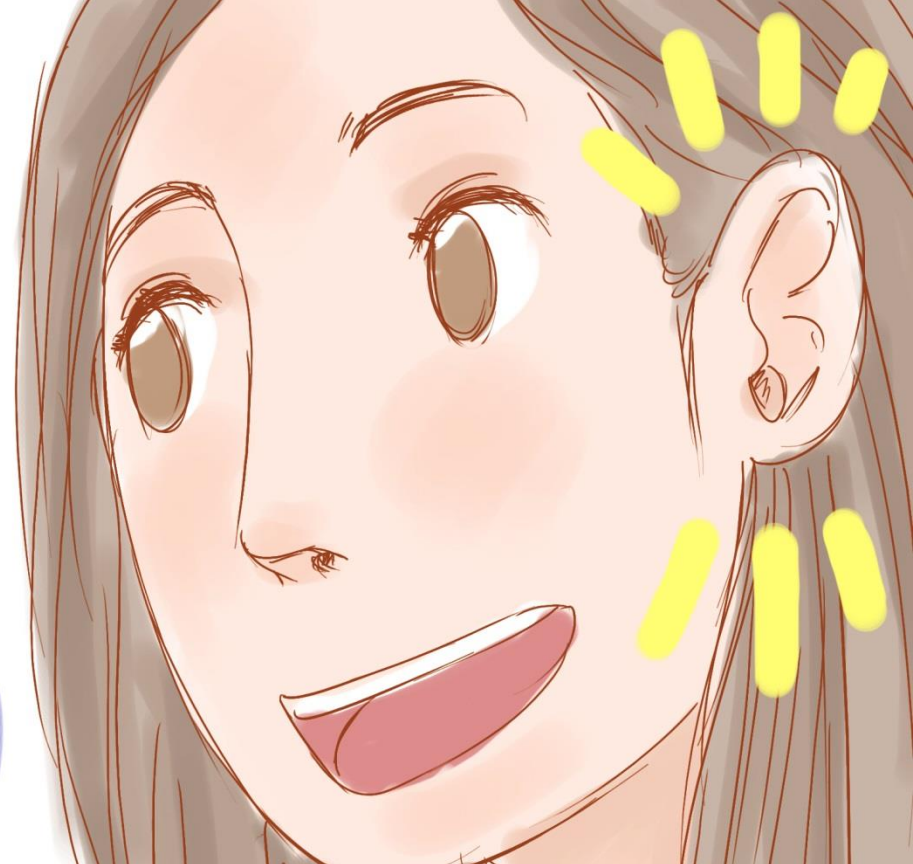
*Be humble to
admit your
mistakes,
intelligent to
learn from
them and
mature to
correct them.*

**At the top
you do not get
overcoming others
but surpassing
yourself.**





The work that never starts
is the one that takes
longer to finish.



Speak in such
a way that
others will
listen to you.

Listen in such
a way that
others want to
talk to you.

WHEN THEY TELL YOU: YOU CANNOT,
TELL THEM: *LOOK HOW I DO!*





Where the effort ends, the weak begins: never laugh.

GENIUS
is one percent
inspiration
AND Ninety-NINE
PERCENT
PERSPIRATION"

-Thomas Edison

A silhouette of a person climbing a mountain peak at sunset. The person is in a dynamic pose, with one leg raised and arms outstretched, reaching towards the top of the mountain. The background shows a vast landscape of mountains and a sky with soft, golden light from the setting sun.

DON'T QUIT.

**EVERY DIFFICULTY
IS AN OPPORTUNITY
IN DISGUISE!**

Success in life is not measured by what you achieve, but by the obstacles you overcome.



Never has one night
been beaten at
dawn,
and never has a
problem overcome
hope.

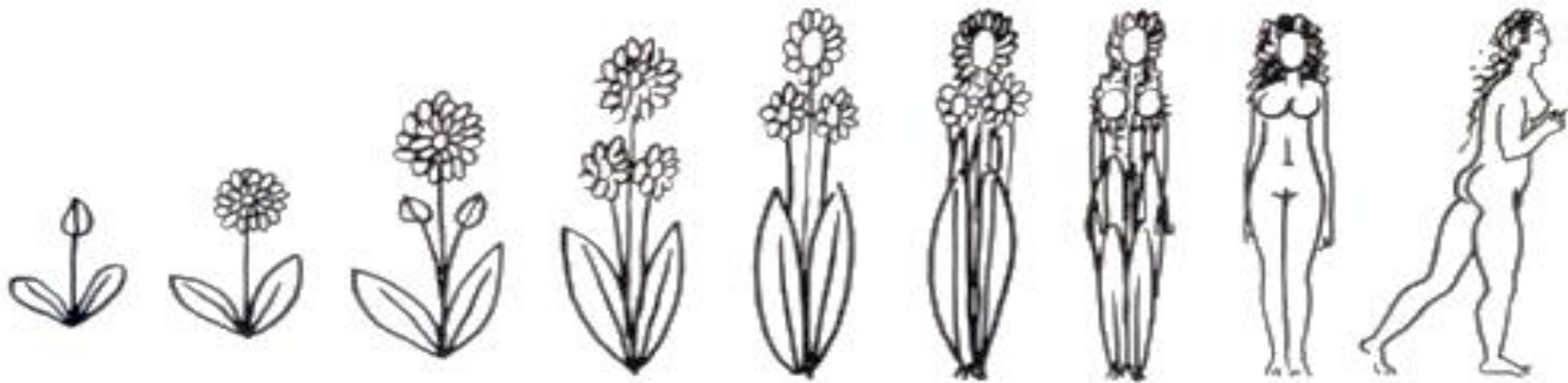


The optimist always has a plan. The pessimist has an excuse.



Remember:

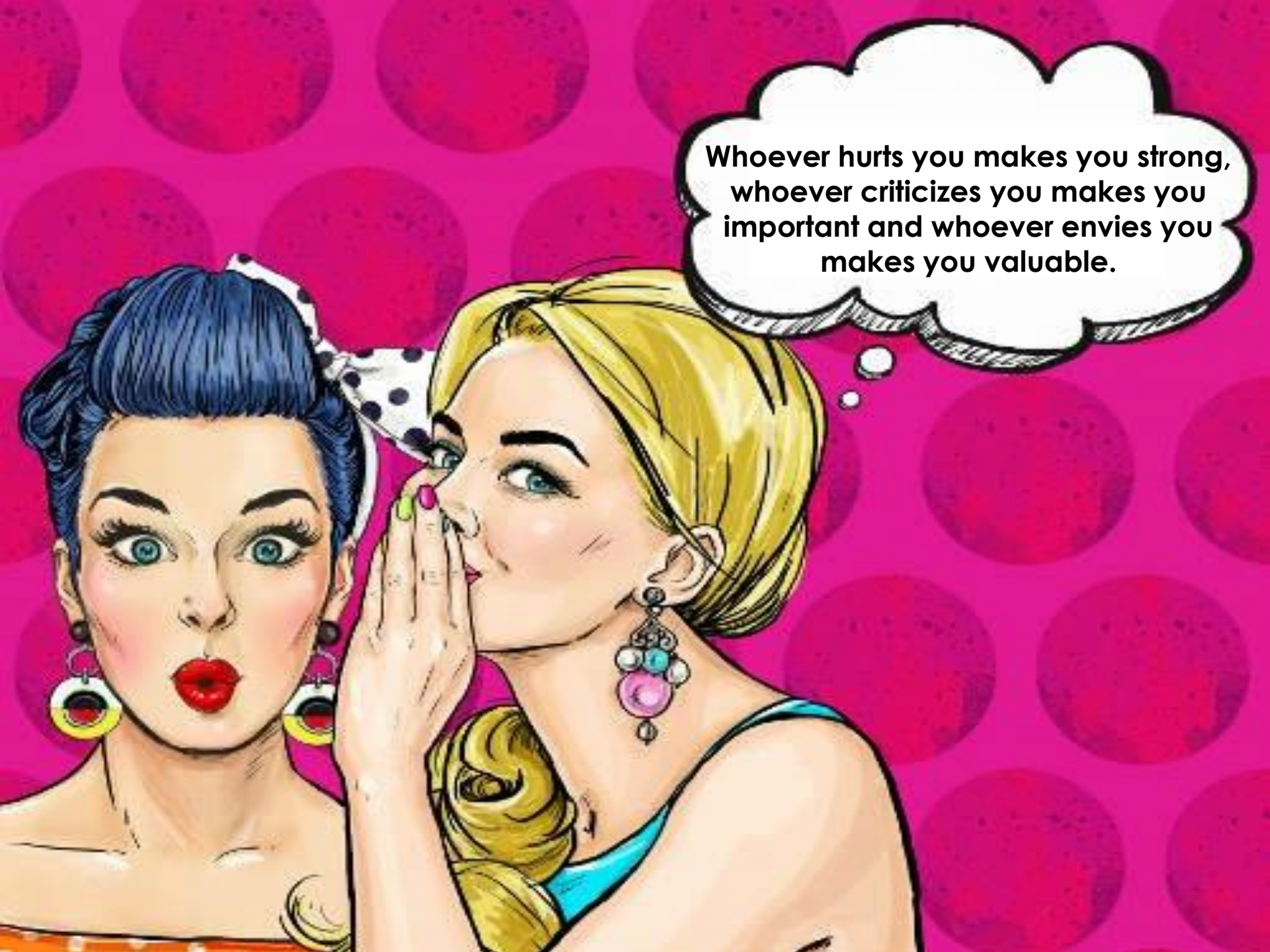
*'You are stronger than you think;
more interesting than you seem and more
intelligent than you think.'*





Good things happen to those who wait for them.

The best to those who go for them.



**Whoever hurts you makes you strong,
whoever criticizes you makes you
important and whoever envies you
makes you valuable.**



**A GOOD DAY
GIVES YOU
HAPPINESS.**



**A BAD DAY
GIVES YOU
EXPERIENCE.**



EMPLOYMENT CONTRACT

**Choose
a job
that you
like,**

EMPLOYMENT CONTRACT

**and you
will never
have to
work a
single day
of your life.**



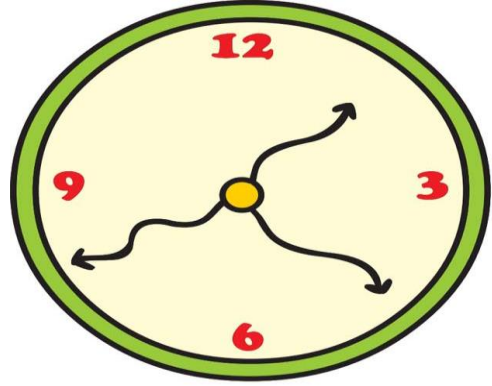
Three values that will make you more fair with others.

Listen
~~without~~
~~judging~~

speak
~~without~~
~~offending~~

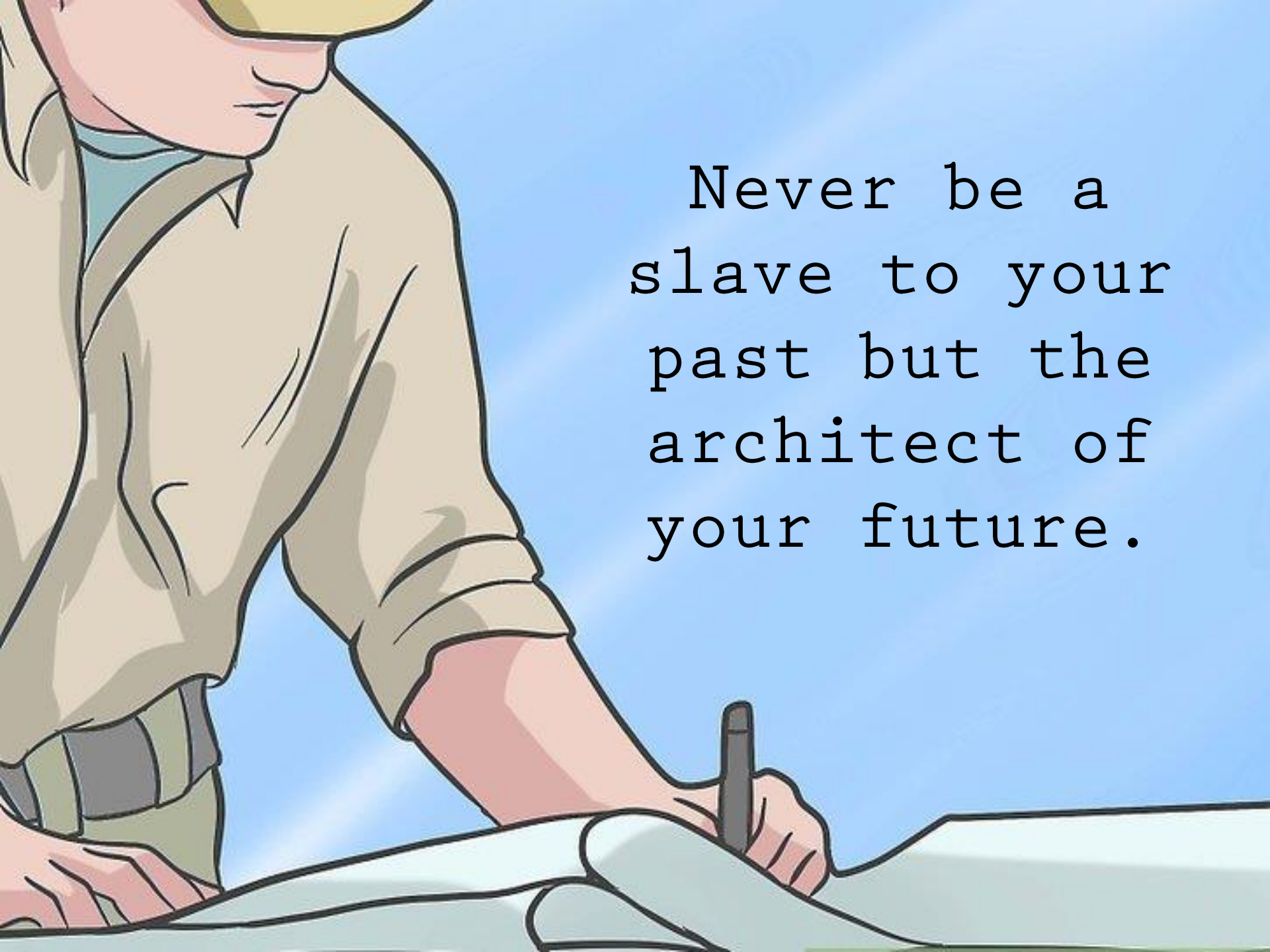
observe
~~without~~
~~despising~~





**You cannot sit
waiting for things to
come to you.
Fight for what
you want,
become responsible
for yourself.**





Never be a
slave to your
past but the
architect of
your future.

A hand-drawn speech bubble with a thick black outline and a white fill. The word "SORRY" is written inside in a bold, black, sans-serif font. The bubble has a wavy, irregular shape with a tail pointing towards the bottom left.

SORRY

The first to apologize is the bravest.
The first to forgive is the strongest.
The first to forget is the happiest.