

GREETINGS!



WHAT IS A HANDSHAKE?

A handshake is a greeting
used to show respect,
friendship, or agreement.





Handshakes are the most common form of greeting in the USA, as opposed to Spain where greetings are usually a kiss on each cheek!

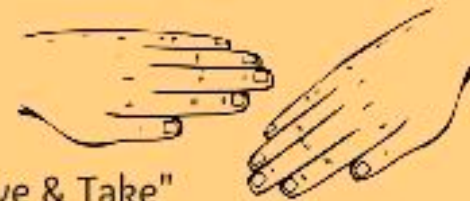
In some films and sports, there are famous handshakes created between friends or teammates, sometimes for goodluck.



Handshake Moves



"The Basic"
shake hands, fist bump, or high five



"The Give & Take"
alternate stacking hands or fists



"Patty Cake"
throwback to your childhood
with classic patty cake



"The Style Grab"
add a wink, OK sign, or
finger guns for style points



"The Chill"
hang loose or rock on



"The Sound Off"
snap, clap, slap, tap, zap,
rap—make some noise!



"Full Body Jam"
bump hips, lean, walk around
each other, chest bump,
do the twist

MAKE A FUN HANDSHAKE WITH A PARTNER

- Must be appropriate
- 5-10 steps
- End with a traditional handshake

