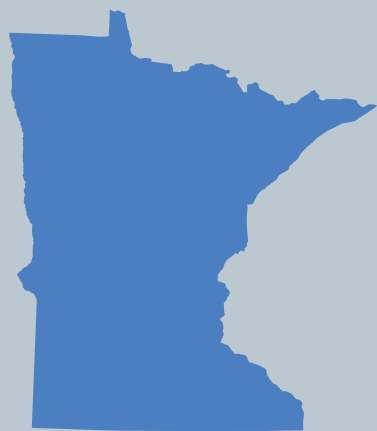


Physical Therapy School in the USA



ABOUT DANA!

I am from St. Paul,
Minnesota, USA



I went to college at
Colorado State
University



I studied
Exercise Science



Starter Question

What degree is required to practice Physical Therapy?

Bachelors

Doctorate

Masters

Associate



Starter Question

What degree is required to practice Physical Therapy?

Bachelors

Doctorate

Masters

Associate



- I go to Northwestern University in Chicago Illinois, USA
- The program takes 3 years to complete.
 - This includes 2 years in school and 1 year in clinical practice



Physical therapy is a type of treatment that helps people move better, reduce pain, and recover from injuries or surgeries through exercises, stretches, and hands-on care.

What is Physical Therapy?



Where do physical therapists work?



- **Hospitals or clinics** – helping patients recover after surgery or injury
- **Schools** – helping students with physical disabilities
- **Sports facilities** – working with athletes to prevent or treat injuries
- **Patients' homes** – providing care for those who can't travel

Physical Therapy School Subjects

Anatomy

Physiology

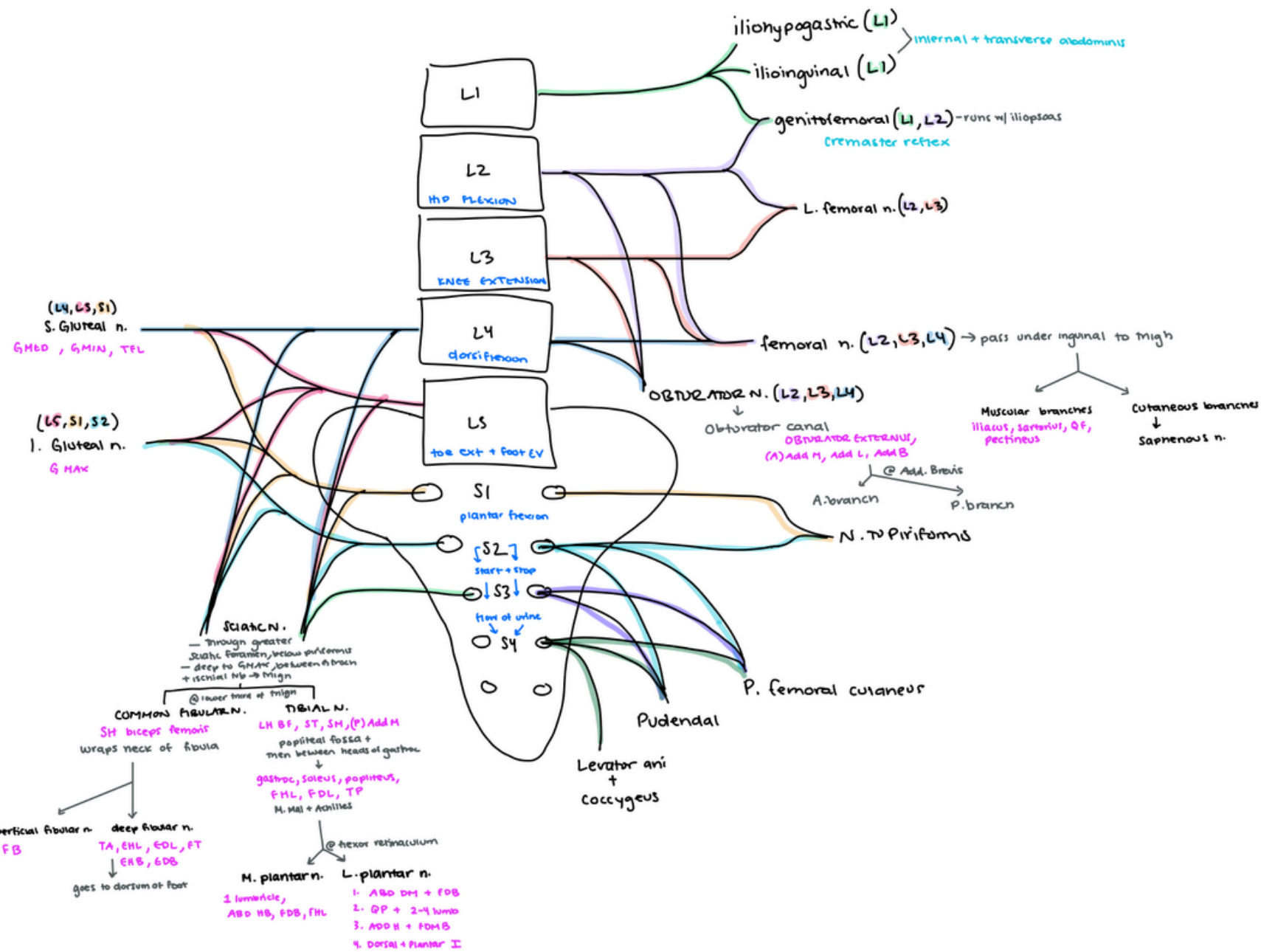
Biomechanics

Neuro Science

Psychology

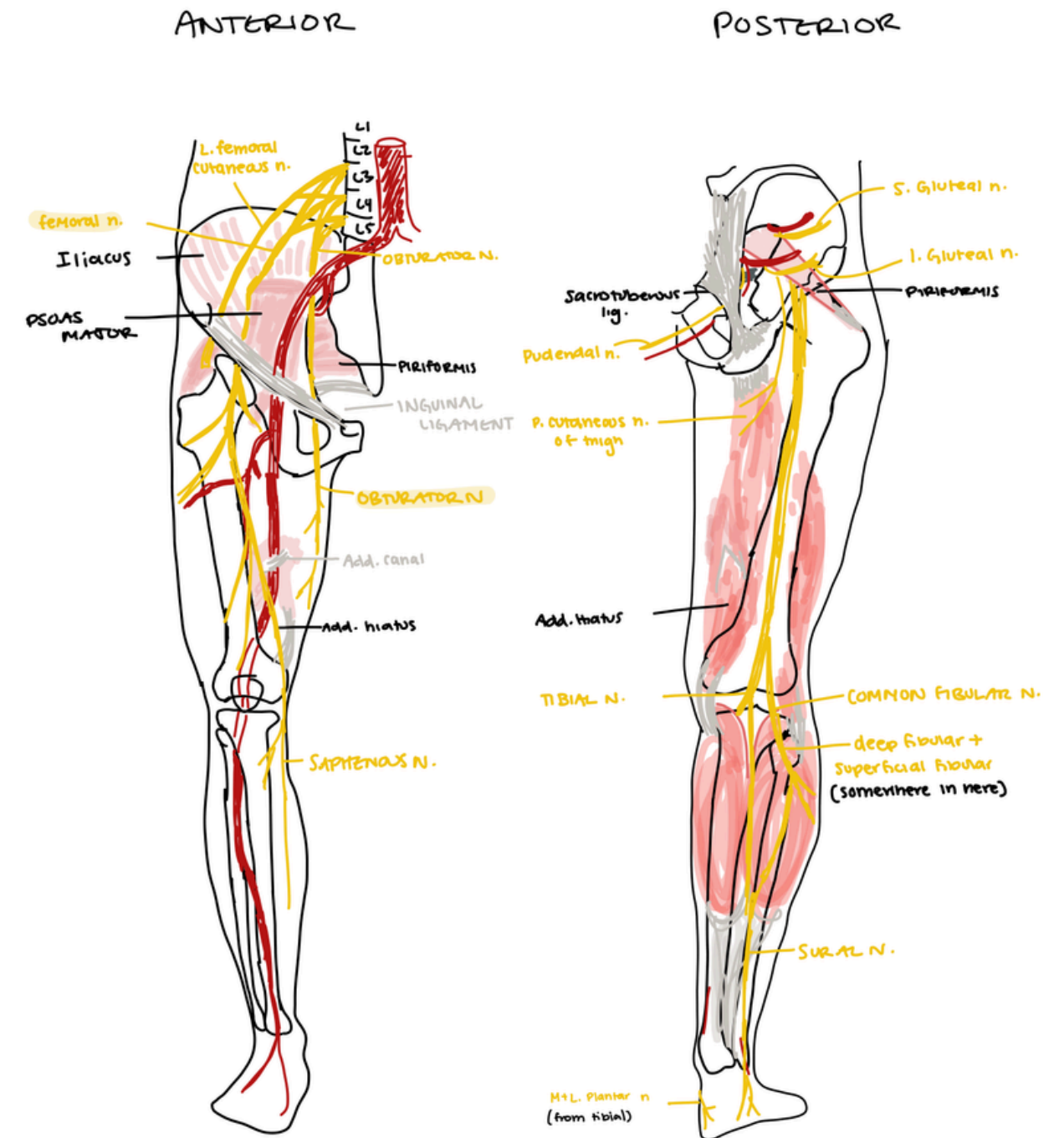
Hand skills

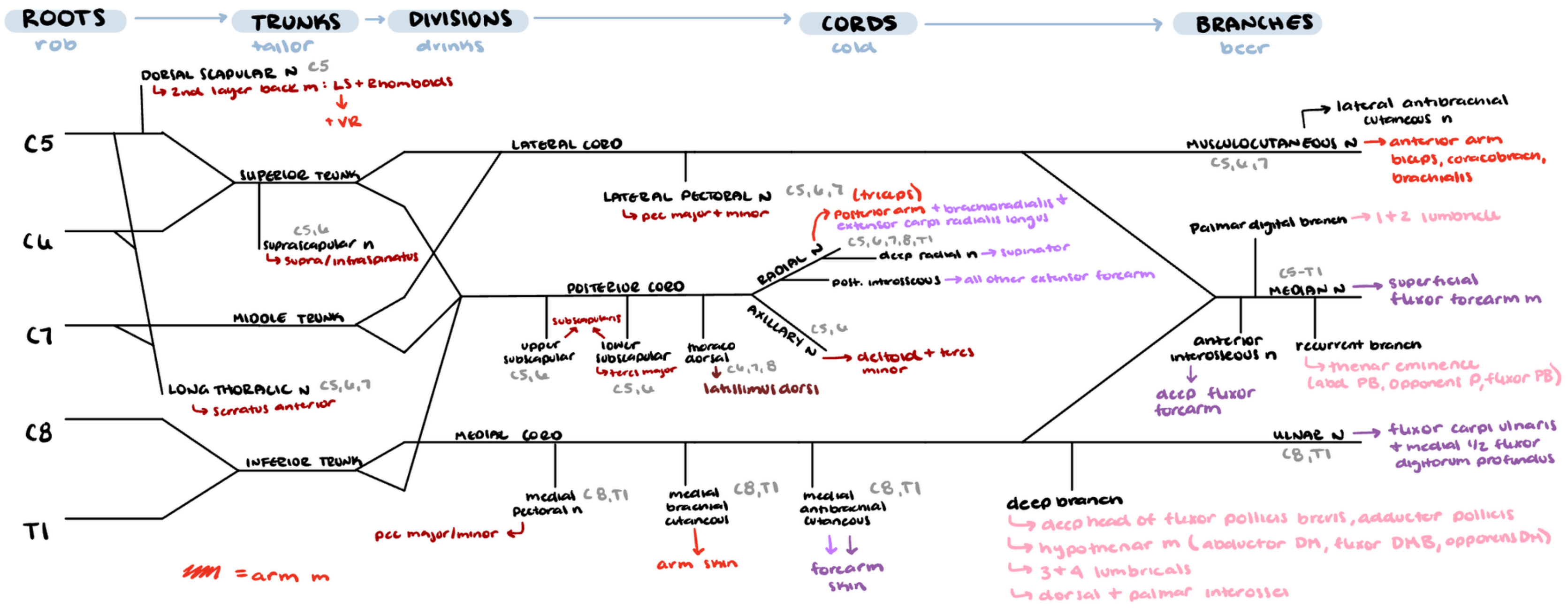
Example of Notes in PT School



femoral plexus:
→ lies on P wall behind psoas major
In front of TP of L-vert

Sacral plexus:
→ lies p. wall in front of piriformis +
behind internal iliac vessel





- arm** = arm m
- sh** = shoulder m
- ff** = flexor forearm m
- em** = extensor forearm m
- hand** = hand m

*** TRAPEZIUS inn VENTRAL RAMI + CN XI**
*** LEVATOR SCAPULAE inn VENTRAL RAMI**

- Bachelors Degree
- 100+ hours of clinical observation
- Admission Essays
- Letters of Recommendation
- Graduate Record Exam
- Interviews

Physical Therapy School Requirements







Med School Prom!!

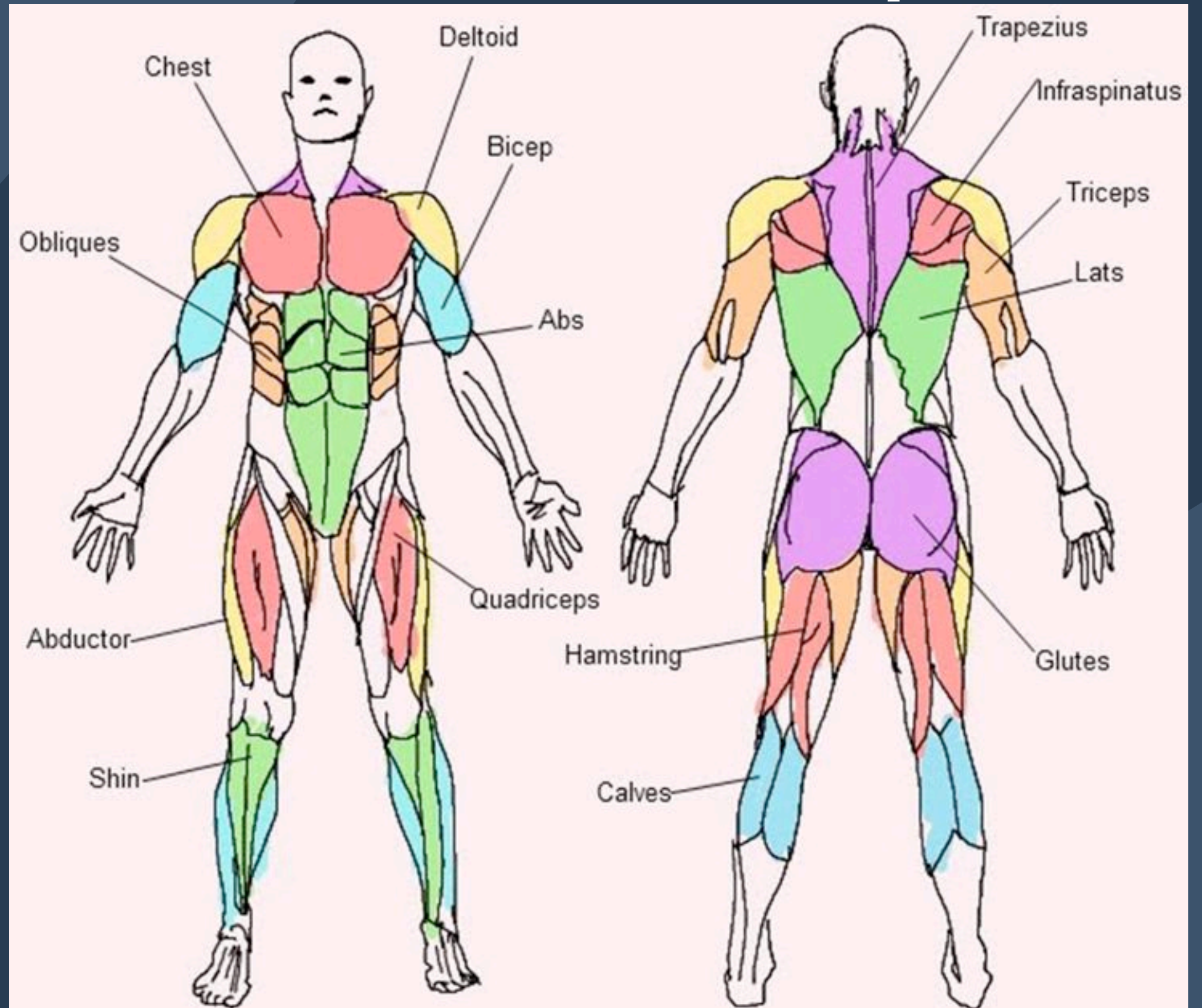


Cubs game with classmates!

Muscle Activity:

Match the activity with the muscles required

- Squat
- Lunge
- Push Up
- Sit Up
- Plank
- Pull Up
- Standing up from your chair
- Drinking water
- Pushing a shopping cart
- Opening the door



Thank you for listening

Questions???

