

Match the idiom with its meaning

Fit as a fiddle	Badly bruised
The picture of health	Feeling a little bit sick
Splitting headache	Starting to get better
Feeling under the weather	Many people are getting sick at the same time
To take a turn for the worse	To be an example of a healthy person
To be black and blue	Trying very hard to get better
Something is going around	To get sicker
To get back on your feet	A very bad headache
To be on the mend	To be very sick
Alive and kicking	To be completely recovered
Sick as a dog	To be perfectly healthy
Right as rain	Starting to get sick
Coming down with something	Recovered and back to normal

Use the idioms to complete the sentences

1. After his heart surgery, my father is _____. He is slowly getting better.
2. I woke up as _____. I had a temperature, sore throat, and a stomachache.
3. Marta hopes to be _____ by next week. She has a lot of work to do.
4. My sister might be _____. She was fine yesterday but had a bad cough today.
5. After falling off his bike, Juan's arms were _____.
6. Everyone in class has a fever and a headache. I think _____.
7. Alejandra went to the dentist with a toothache but now she is _____.
8. Alvaro went home yesterday with a _____.

9. I hope my grandma doesn't _____. She is already very sick.
10. Irene has had the flu for a whole week but she is still _____!
11. Claudia is _____. She exercises everyday and always eats healthy foods.
12. Everyone in my family has high blood pressure but I am _____.
13. Isaac didn't come to school today. He is feeling a bit _____.

Write 3 sentences of your own using the idioms.

1.

2.

3.

Sickness Idioms

Look at the picture
and match it with one
of the idioms on your
paper.

Sick as a dog

To be very sick



To be right as rain

To be completely recovered



Fit as a fiddle

To be perfectly
healthy

Splitting headache

A very bad
headache

Alive and kicking

Trying very hard
to get better

Feeling under the weather

Feeling a little
bit sick

Coming down with something

Starting to get
sick

On the mend

Starting to get better



The picture of health

To be an example of a healthy person



To take a turn for the worse

To get sicker



Black and blue

Badly bruised



To get back on your feet

Recovered and back to normal



Something is going around

Many people are getting sick at the same time

