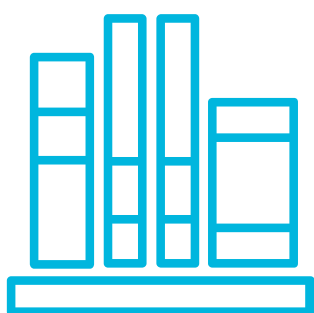


# HOW READING CAN HELP YOU

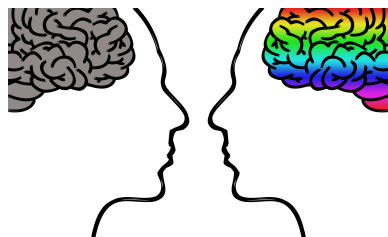


## READING: AN IMPORTANT SKILL

Reading is a very important language learning skill. It helps you improve all parts of the English language: vocabulary, spelling, grammar, and writing. Improve and use your reading skills and you will improve all your English skills.

## READING HELPS MEMORY

Reading helps to strengthen memory retention skills. Even an elementary age child with a relatively simple book must keep in mind a group of characters, the setting, and past actions.

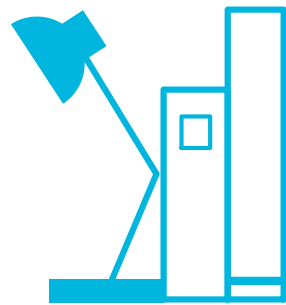


## READING MATCHES EMPATHY

Reading makes you more empathetic. Reading is a way to escape your own life, and can take you to faraway lands, other times, and put you in other people's shoes.

## READING MAKES YOU THINK

It helps you to discover new things by enabling you to educate yourself in any area of life you are interested in and to do your own research and thinking.



## READING FOSTERS CREATIVITY

It helps develop the mind and imagination and the creative side of a person.

## READING BROADENS YOUR MIND

- Reading keeps your brain healthy.
- Reading reduces stress.
- Reading helps you sleep better.



*"The more you read, the more things you know. The more that you learn, the more places you'll go."*

WHAT ARE YOU WAITING FOR? START READING!

# TASK:

Explain with your own words the following 10 advantages of READING.

## READING ADVANTAGES

1. Reading reduces stress.
2. Reading help us build a better vocabulary.
3. Reading stimulates imagination.
4. Reading lights up new ideas.
5. Reading improves focus and concentration.
6. Reading improves your memory.
7. Reading improves our language skills.
8. Reading gives us new knowledge.
9. Reading makes you smarter.
10. Reading means ENTERTAINMENT!



*"Books are the most quiet and lasting friends, the easiest to reach, the wisest counsellors and the most patient teachers."* Charles W. Eliot