

Fact File

Game: Walking on Stilts

Type of game : balance game

Physical qualities: balance, agility, coordination

Number of players: - Equipment: stilts

Aim: to walk being at a height above the ground

Glossary

Walking on Stilts - Andar con zancos

Stilt - zanco mimick - imitar
training - entrenamiento balance - equilibrio
height - altura chin - barbilla
keep up - mantener alta hold - sujetar
elbow - codo hip - cadera
thumb - dedo gordo bend - doblar

lean backwards - inclinar hacia atrás

sideways - lateralmente

A bit of history ...

In those times, many of the games children played <u>mimicked</u> what they saw at festivals or what they observed in battle <u>training</u>. Games helped them practice accuracy, agility, balance, and strategy.

Do's

- ✓ Keep your chin up.
- ✓ Hold the stilt behind the elbow.
- ✓ Keep your hip slightly behind the stilt.
- ✓ Hold the stilt with your thumb pointing down.



Don'ts

- * Don't <u>lean</u> your stilt <u>backwards</u>.
- * Don't put your hip in front of the stilt.

Don't point your thumb up Don't <u>bend</u> your leg. Don't move the stilt <u>sideways</u>



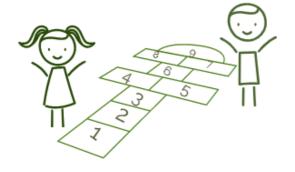


Fact File

Game: Hopscotch

Type of game: hopping game
Physical qualities: agility, balance
Number of players: any number
Equipment: chalk, a stone or marker

Aim: to complete the course for each numbered square



Glossary

<u>Hopscotch</u> – La rayuela

Hop - saltar dates back - se remonta

straddle – estar con un pie a cada lado in any fashion – de cualquier modo

come back - volver

step the line - pisar la linea

chalk - tiza course - rayuela

Toss - echar, tirar balance - estar en equilibrio

rest square - casilla de Descanso

reach - alcanzar, llega turn around - darse la vuelta collect - recoger touch a line - tocar la linea

miss a square - saltarse una casilla

A bit of history ...

Hopscotch <u>dates back</u> to the Roman occupation of Britain.

Do's

- ✓ Draw a course.
- ✓ Choose a marker, usually a stone.
- ✓ Toss your stone into the first space.
- ✓ Hop through the course.
- ✓ A player can only have one foot in any given square.
- ✓ Single squares must be <u>balance</u>d and double squares (side by side) are <u>straddle</u>d.
- ✓ Any space not marked with a number is considered <u>rest square</u> and can be landed <u>in any fashion</u>.
- ✓ When the player <u>reach</u>es the top of the court, he then <u>turns around</u> and <u>comes back, collecting</u> his marker along the way.
- ✓ Play then continues with the player tossing his marker into the second square and so on.

Don'ts

- * Don't toss your marker into the wrong square.
- Don't touch a line with your marker
- * Don't step on a line.
- × Don't miss a square.
- Don't lose your balance and fall.

Fact File

Game: Tag

Type of game : chasing game

Physical qualities: speed, endurance, agility Number of

players: any number Equipment: playing area

Aim: to chase and tag another player



Glossary

<u>Tag</u> – Pilla-pilla

Speed - velocidad

Tag - pillar

'It' - el que se la queda

endurance - resistencia

tapestry - tapiz

stay put - quedarse quieto

chase - perseguir appears to be - parece

A bit of history ...

Tapestries, murals, and other drawings and pictures show kids chasing each other in what <u>appears to be</u> tag. There are literally hundreds of versions of tag.

Do's

- ✓ Choose a person to be 'it'.
- √ 'It' chases the other players.
- √ 'It' must 'tag' another player.
- ✓ The 'tagged' player will be 'it' for the next round.
- ✓ Anticipate where 'It' can go.

Don'ts

× Don't stay put

Fact File

Game: Barley Break

Type of game : chasing game

Physical qualities: endurance, flexibility, agility Number of players: any number Equipment: playing area, chalk Aim: to tag all the players



Glossary

Barley Break -

Century - siglo harvest time - época de la cosecha

On the ground - en el suelo leave - dejar, salir de

other shape - otra forma run through - cruzar corriendo

without getting tagged - sin que los pillen

join hands - cogerse de la mano catch - coger, atrapar

A bit of history ...

This game is <u>centuries</u> old and used to be played at <u>harvest time</u>.

Do's

- ✓ Mark an area on the ground by drawing a circle or other shape.
- √ "It" cannot <u>leave</u> this area.
- ✓ The players must try to <u>run through</u> the area <u>without getting tagged</u>.
- ✓ If a player is tagged, they must join hands with "It" and help to catch the other players.
- \checkmark As more players get tagged, they join onto the end of the line.
- ✓ The last person caught is "It" for the next game.

Don'ts

* Never tag a player if you are not at the end of the line.

Fact File

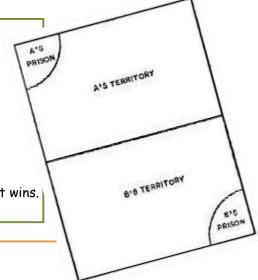
Game: Prisoner's Base

Type of game : chasing game Physical qualities: speed, agility

Number of players: a minimum of ten players.

Equipment: chalk, a large playing area.

Aim: the team with the most prisoners at the end of the time limit wins.



Glossary

Prisoner's Base -

the most prisoners - el mayor número de prisioneros was banned - fue prohibido at the back of each territory - al fondo de cada campo are safe - están seguros while - mientras

run back - volver corriendo get caught - pillar

A bit of history ...

This English game of chase and tag <u>was banned</u> in the 1300s by King Edward III. Before the twentieth century, the game was known as "Chevy Chase" or "Chivy."

Do's

- ✓ Draw a line of chalk dividing the playing area into two territories.
- ✓ Draw a prison at the back of each territory.
- ✓ Each team chooses one person to be the prisoner of the other team.
- ✓ Each team sends a person to free their prisoner.
- ✓ The players are safe while they are in the prison.
- ✓ The two players must <u>run back</u> to their own territory.

Don'ts

× Don't get caught by the opposing team or you will be their prisoner.

Fact File

Game: <u>Blind man's Buff</u>

Type of game: chasing game

Physical qualities: agility, balance

Number of players: any number Equipment: a piece of cloth
Aim: to catch all the players



Glossary

Blind man's Bluff - La gallinita ciega

A piece of cloth - un trozo de tela keep away - mantenerse lejos string of bells - una cuerda con campanillas blindfold - con los ojos tapados hide - esconderse

A bit of history ...

This game used to be called Hoodsman's Blind .

Do's

- ✓ $\underline{\text{Blindfold}}$ the person who is "It".
- √ 'It' must try to catch any player that comes close to him/her.
- ✓ The other players see how close they can get to "It" without being caught.

Don'ts

Don't keep away from 'It' or hide.

Jingling is the reverse of Hoodsman's Blind.

All of the players are blindfolded except "It".

"It" is given a string of bells and the players must try to catch him.

The person who catches "It" is "It" for the next game

Games of Skill

& Strength

Games of Skill & Strength - 1

Fact File

Game: Tug of War

Type of game: strength game

Physical qualities: strength, flexibility

Number of players: any number in two teams Equipment: a length of stout rope, chalk

Aim: to pull the other team across the chalk line



Glossary

<u>Tug of War</u> – La cuerda

Strength - fuerza

rope - cuerda

stream - arroyo instead of - en vez de tug - tirar con fuerza a length - un trozo

pull – tirar

mud puddle - charco de barro

set - colocar

stout - resistente, fuerte

hazard - peligro (obstáculo)

hedge - seto

hold - sujetar

A bit of history ...

This was a traditional game played by adults, kids and mixed teams of both.

Traditionally, the <u>hazard</u> was a <u>stream</u>, a <u>mud puddle</u> or a <u>hedge instead of</u> a chalk line.

Do's

- \checkmark Draw a chalk line on the floor dividing the territory into two.
- ✓ Each team <u>sets</u> at the same distance from the chalk line <u>holding</u> one extreme of the rope.
- ✓ On the signal, each team tries to pull the other team across the chalk line.

Don'ts

Don't stop pulling or you will lose the game.

Games of Skill & Strength- 2

Fact File

Game: Quoits / (Ring Toss)

Type of game : skill game

Physical qualities: coordination, precision
Number of players: two or more players
Equipment: rope rings, wooden pins on a base

Aim: to catch the pin with the rings



Glossary

Ring Toss -

ring - aro skill - habilidad, destreza wooden - de madera pin or stake - estaca, palo set - colocar, poner

pace - paso score - apuntarse

leaning against - apoyado en touch - tocar the closest - el más cercano scrap - trozo

A bit of history ...

Ring toss was played by the Ladies as well as the children.

Do's

- \checkmark <u>Set</u> the wooden pins at ten <u>paces</u> from the players.
- \checkmark Each player tosses two rope rings at one wooden pin and moves to the next.
- ✓ <u>Score</u> three points for each ring that catches a <u>stake</u>.
- ✓ Score two points for a ring <u>leaning against</u> the stake or <u>touch</u>ing it.
- ✓ Score one point for the closest ring to the stake.

Don'ts

Don't forget to mark your rings with coloured scraps of material.

Games of Skill & Strength - 3

Fact File

Game: Arm Wrestling

Type of game: strength game

Physical qualities: strength, agility, flexibility

Number of players: two players

Equipment: none

Aim: to pin the opponent's arm onto the table



Arm wrestling



Glossary

Arm Wrestling - (echar un) pulso

grip- agarrar, sujetar knuckle - nudillo pin - clavar,fijar sideways - lateralmente, hacia el lado

backwards - hacia atrás

foul language - palabrotas

A bit of history ...

Typical horseplay games and wrestling have always been popular with children, but also adults enjoyed this entertainment.

Do's

- ✓ Grip your opponent's hand palm to palm with the thumb knuckle visible
- ✓ Keep your other arm behind your back
- ✓ Try to pin your opponent's arm onto the table
- ✓ Press your opponent's hand sideways

Don'ts

- * Don't press your opponent's hand backwards
- * Don't touch a part of your own body during the match
- × Don't cross your shoulder into the opposition area
- Don't use foul language

Games of Strategy

Games of Strategy - 1

Fact File

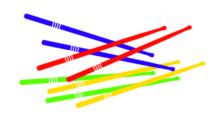
Game: Pick-up Sticks

Type of game: strategy game

Qualities: mental skill, ability

Number of players: two or more players

Equipment: a <u>bundle</u> of <u>stick</u>s **Aim**: to pick up the most sticks



Glossary

Pick-up Sticks -

bundle or bunch – puñado the most – elmayor número buckle – abrochar hen – gallina disturb – desordenar,mover stick - palo root - raíz, origen knock - llamar, tocar release - soltar your turn - tu turno pick up - recoger, retirar nursery rhyme - nana lay - poner remove - retirar

A bit of history ...

One <u>root</u> of the name "pick-up sticks" may be the line of a children's <u>nursery rhyme</u>:

One, two, <u>buckle</u> my shoe.

Three, four, <u>knock</u> at the door. **Five, six, pick up sticks**.

Seven, eight, <u>lay</u> them straight.

Nine, ten, a big fat <u>hen</u>.

Do's

- ✓ Release a <u>bunch</u> of sticks on a tabletop.
- ✓ The first player tries to remove one stick from the pile.
- \checkmark The player keeps removing sticks if he/she doesn't <u>disturb</u> the others.

Don'ts

× Don't move the other sticks, only the one you are picking, or your turn ends.

Games of Strategy -2

Fact File

Game: <u>Tic Tac Toe</u>

Type of game: strategy game

Qualities: mental skill

Number of players: two players Equipment: pencil and paper

Aim: to be the first player to get three in a row



Glossary

Tic Tac Toe - Tres en raya

three in a row - tres en raya

board – tablero a draw – empate grid - cuadrícula

neither player - ningun jugador

A bit of history ...

Found everywhere from the temples of ancient Egypt to the Medieval cathedrals of England or the Renaissance palaces.

Do's

- ✓ Draw a 3X3 grid.
- \checkmark One player is X (crosses) and the other is O (noughts).
- ✓ Players alternate placing Xs and Os on the <u>board</u>.
- ✓ Place the Xs and Os horizontally, vertically or diagonally.
- ✓ If neither player has three in a row, the game is a draw.

Don'ts

* Don't let your opponent draw three in a row

Games of Strategy - 3

Fact File Game:

Draughts /dra:fts/ or Checkers

Type of game : strategy game

Qualities: mental skill

Number of players: two players

Equipment: an 8X8 checked board, 12 coloured pieces for each player.

Aim: to remove all of your opponent's pieces

Glossary

Draughts - Damas

checked - a cuadros chess - ajedrez every other - uno si, uno no

in three rows - en tres filas in the forward direction - hacia adelante

jump - saltar remove - quitar empty space - casilla vacia

last row - la última fila become - se convierte en both - ambas

backward - hacia atrás bunch - agrupar

A bit of history ...

A game called Alquerque mixed with Chess was the direct ancestor of checkers .

Do's

- ✓ The pieces are placed on <u>every other</u> dark square <u>in three rows</u>.
- ✓ The darker colour pieces move first.
- ✓ Each player takes their turn by moving a piece.
- ✓ Pieces are always moved diagonally in the <u>forward direction</u>.
- ✓ You jump your opponent and <u>remove</u> their piece if there is one of the opponent's piecesnext to your piece and an <u>empty space</u> on the other side.
- ✓ If you get a piece across the board to the opponent's <u>last row</u>, that piece <u>become</u>s a king.
- ✓ King pieces can move in <u>both</u> directions, forward and <u>backward</u>.

Don'ts

- * Don't bunch all your pieces in the middle, it is more difficult to move them.
- Don't move your pieces on the back row if it is not necessary, so the other player can't gain a king
- * Don't forget to put another piece onto the king.

ACKNOWLEDGMENTS

https://en.wikipedia.org/wiki/Blind_man%27s_buff#/media/File:Blind-Man's_Buff,_Paul_Jarrard_&_Sons.JPG

logos created at https://logomakr.com/ blind Man's Buff

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