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# Nutrition CLIL Unit 23/24 IES Vega de Atarfe

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## HISTORY FOOD TIMELINE



2

The first hunter-gatherers were from the genus ...

2

**Homo Erectus**

3

Homo Erectus were gatherers. What does it mean?

3

**They moved from place to place to find food**

4

What is the "nomadic" way of life?

4

**"Nomadic" means moving from place to place**

5

When did humans learn to dominate fire?

5

**Around 1.7 million years ago**

6

Name 2 benefits of controlling fire

- 6
1. It keeps you warm.
  2. You can see at night.
  3. It protects against predators.
  4. You can cook

7

**How do you call the first moder humans?**

**Homo Sapiens**

7

8

**EXTRA**

**What does "Homo Sapiens" mean?**

**Homo is the Latin word for 'human' or 'man' and sapiens is derived from a Latin word that means 'wise' or 'astute**

8

9

**What is the "Neolithic" revolution?**

**Some groups of humans gave up the nomadic, hunter-gatherer lifestyle to begin farming**

9

10

**During which period was agriculture born?**

**The Neolithic**

10

11

**How do you call the way of life in which you stay in one place instead of moving around?**

**Settled way of life**

11

12

**When did humans domesticate plants?**

**Around 12,000 years ago**

12

13

**When did humans begin to settle in one place instead of being nomads?**

**Around 10,000 years ago**

13

14

**Name 2 of the consequences of learning how to farm**

- 1. Permanent settlements appear.**
- 2. There is a reliable food supply.**
- 3 Cities and their population *grow***

14

15

**What happened between 12,000 and 8,000 years ago?**

**It was the beginning of crops and domestic animals**

15

16

**Who were the first people to make flour?**

**Lake dwellers - people who lived next to a lake**

16

17

**When did people first crush grains to make flour?**

**Around the year 6,000 Before Christ**

17

18

**When were potatoes harvested for the first time?**

**Around the year 3,000 Before Christ**

18

19

**Where exactly do potatoes come from?**

**The Andes Mountains in South America**

19

20

**When were watermelons harvested for the first time?**

**Around the year 2,000 Before Christ**

20

21

**Where does watermelon come from?**

**Africa**

21

22

**Where do citrus fruit come from?**

**East and South Asia**

22

23

**What did the Chinese do to keep food fresh?**

**They used ice**

23

24

**When did the Chinese start using ice to keep food fresh?**

**Around the year 1,000 Before Christ**

24

25

**All the main food plants that we eat today exist from the year ...**

25

**1,500 Before Christ**

26

**Which fruit did Alexander The Great bring to Greece from Asia?**

26

**Lemons and bananas**

27

**When was coffee discovered?**

27

**Around the year 850**

**AD - Anno Domini / CE - Common Era**

28

**What did the Britons (inhabitants of Great Britain) start making around the year 54 BC?**

28

**Cheese**

29

**Who brought sugar cane to Europe?**

29

**Knights returning from the Crusades**

30

**When did potatoes arrive in Europe?**

30

**Around the year 1570**

31

**Do you like strawberries?  
When did they get to Europe? From where?**

31

**Around the year 1,600  
from North America**

32

**Who invented the sandwich? When?**

32

**The Earl of Sandwich in  
1762**

33

**Why can Egyptians grow a lot of food?**

33

**Thanks to the Nile River**

34

**Why is the Nile so important in Egypt?**

34

**Because it floods and brings fertilizers to the land**

35

**Which are the 2 most important crops in Ancient Egypt? Name them in Spanish too.**

35

**Wheat and barley**

36

**What does Mesopotamia mean? Why?**

36

**"Between rivers"  
Because this civilization lived in the valleys between the Tigris and the Euphrates**

37

**The ancient Mesopotamia is now home to which modern-day countries?**

**Iraq, Kuwait, Syria and parts of Turkey**

37

38

**Which two foods are the most important in Ancient Greece? Why?**

**Olives and honey.  
Because they believe they come from the Gods**

38

39

**In which civilization are the origins of our knowledge and way of life?**

**In Greek Civilization**

39

40

**Name 2 different forms of political government in Ancient Rome**

- 1. monarchy.**
- 2. republic.**
- 3. dictatorship.**
- 4. empire**

40

41

**What are "garum" and "moretum"?**

**Typical Roman dishes.  
Garum is a fish sauce and moretum a cheese spread**

41

42

**What is the Columbian Exchange?**

**Plants, animals, people, ideas and diseases moving from America to Europe, Asia and Africa and vice versa**

42

43

**On which date did Christopher Columbus reach America?**

**12th October 1492**

43

44

**Which continent did Christopher Columbus think he had reached?**

**Asia**

44

45

**Potatoes and tomatoes got to Europe from America. Name 5 more foods that came to us from America**

**corn (maize), sweet potatoes, peanuts, pumpkins, squashes, pineapples, chili peppers, avocados, vanilla and cacao**

45

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