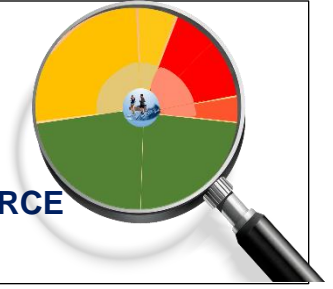


NUTRITION
CLIL Unit 2023/24
IES Vega de Atarfe

ORGANIC
NUTRIENTS
COMPOSITION AND SOURCE
OF FOOD GROUPS



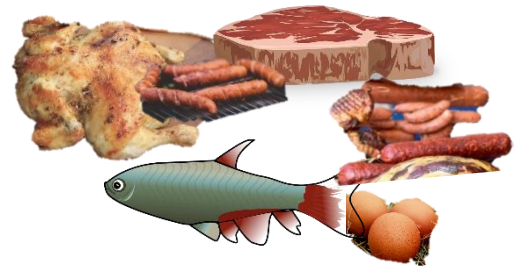
Vegetables



Dairy products



Meat, fish, eggs



Oil and butter



Sugar



Potatoes, pasta, legumes



Fruit



LIPIDS

CARBOHYDRATES

PROTEINS

VITAMINS & MINERALS

PROTEINS

VITAMINS & MINERALS

<https://blogsaverroes.juntadeandalucia.es/vegabilinguismo/unidades-dili/nutrition/>

<https://view.genial.ly/658b3b172e5a3500143d7d2a/horizontal-infographic-review-organic-nutrients-the-food-wheel>