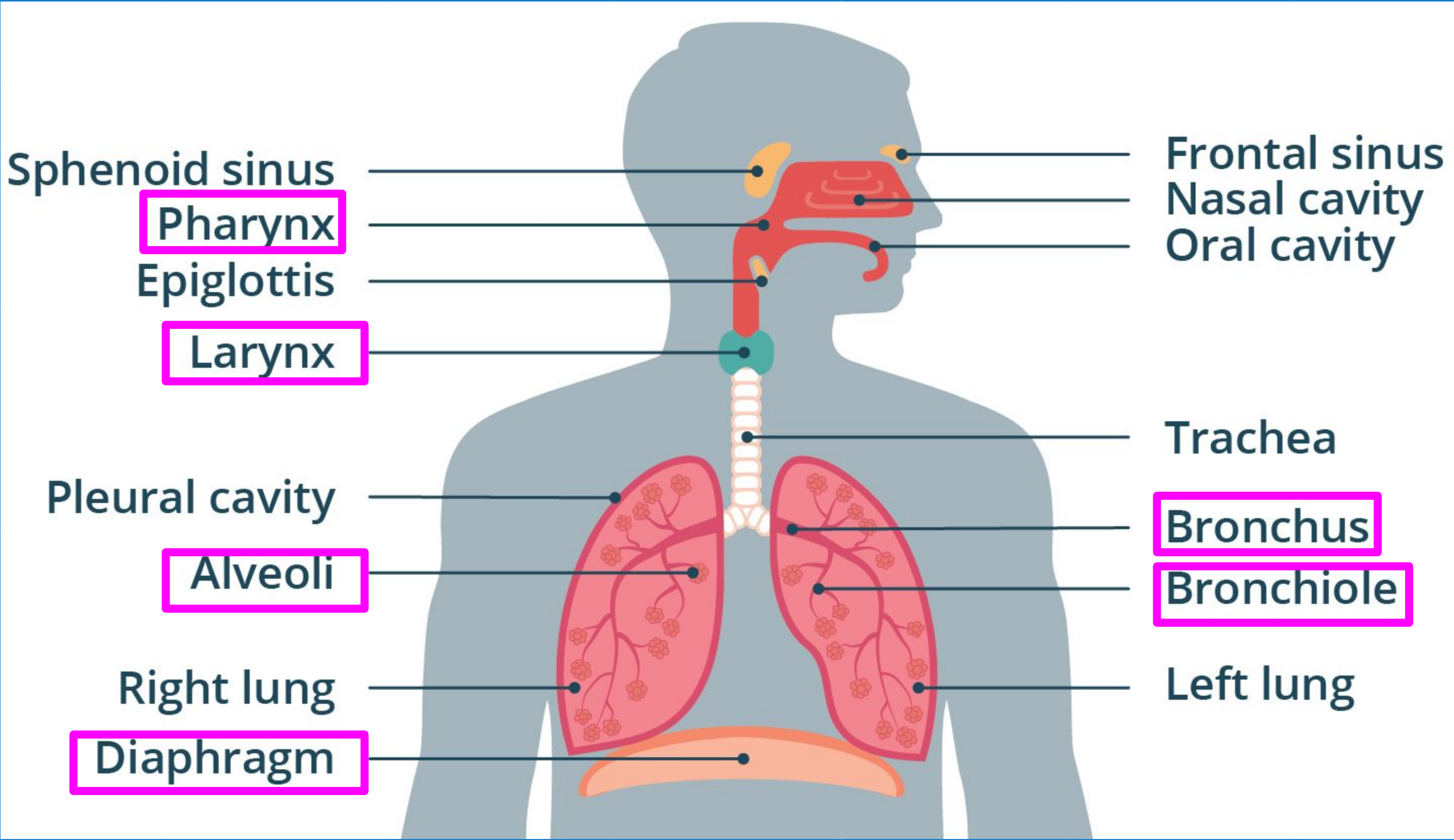


# The Respiratory System and Singing

With Gracie (I know some things about this!)





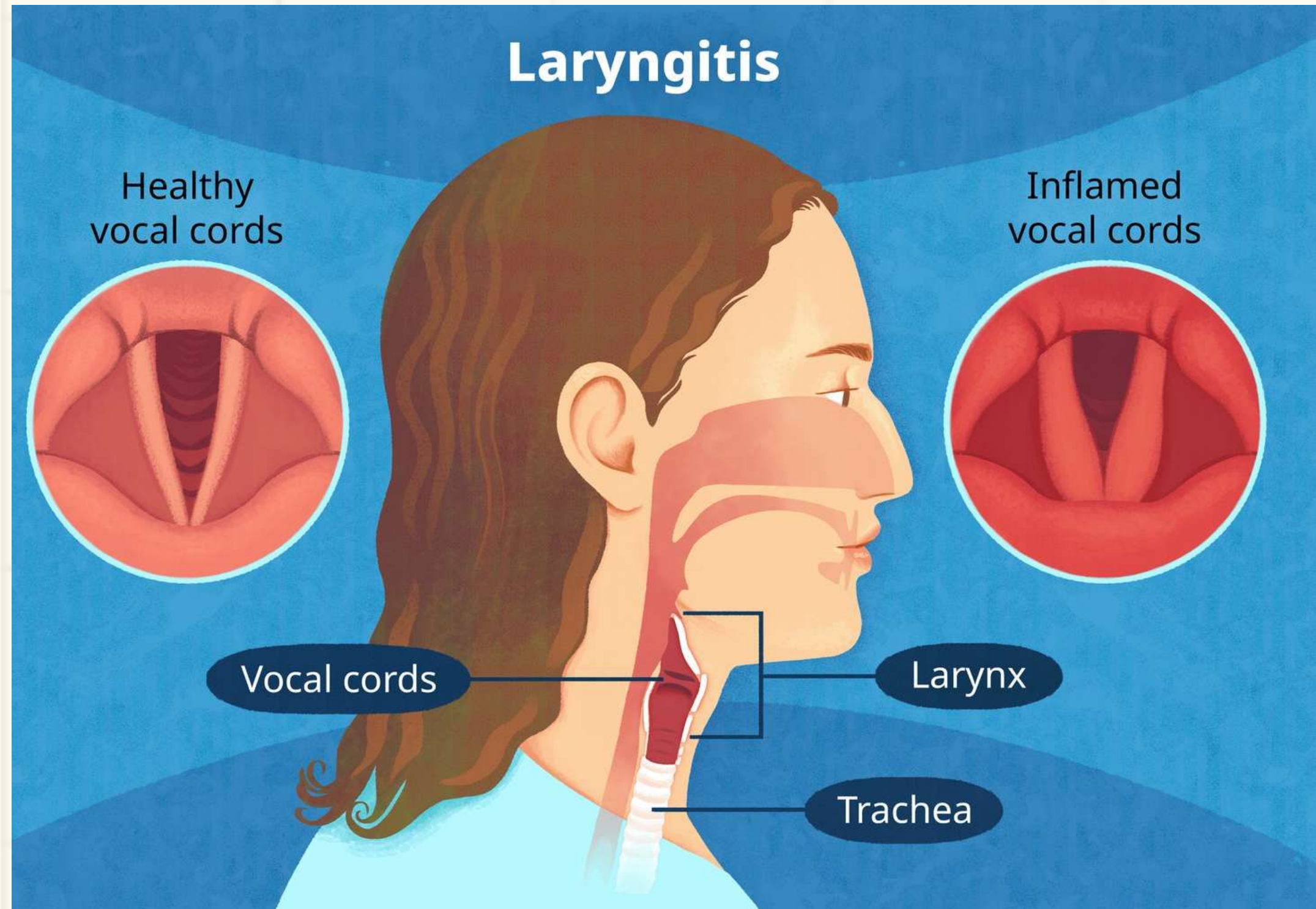


**TYLEY  
VOICE**

**ROSS  
.COM**



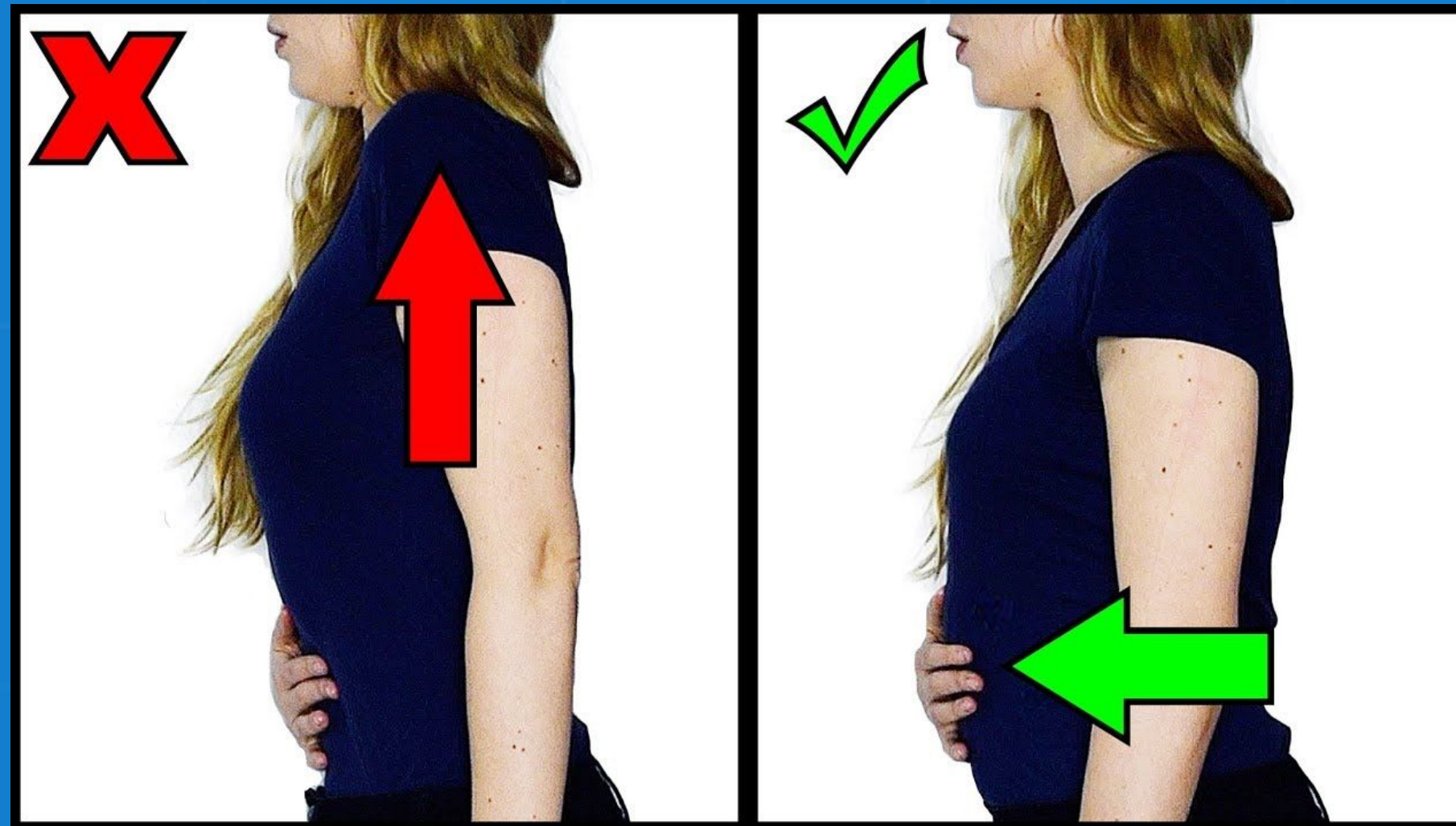
# Respiratory Illnesses: Laryngitis





# Breath:

One of the most important things for singers!



# How is your breath control?

**Test:**

- **Easy: Breathe in 4, “shh” out 4**
- **Intermediate: Breathe in 2, “shh” out 8**
- **Hard: Breathe in 1, “shh” out 16**

**Which gives a singer more air:  
breathing in from nose or  
mouth?**





Are they  
breathing  
from their  
nose or  
mouth?

